



LUMIRA
PRACTICE CONSULTING
CLARITY. CONFIDENCE. SUCCESS.

Private Coaching

Your Career. Your Life. Your Next Step.

A successful career in dentistry is about more than clinical skills or owning a successful practice. It is also about finding confidence in your decisions, defining what success means to you, and creating a career that works with the life you want to live.

Private coaching is designed for dentists at any stage of their career—from new graduates navigating their first years in practice to experienced doctors looking for greater balance, renewed direction, or a change in what comes next.

Together, we'll talk through where you are, what's working, what isn't, and where you want to go. Whether you're evaluating your first job, considering practice ownership, struggling with work-life balance, building confidence as a young clinician, or simply feeling unsure about your next step, coaching provides a confidential place to gain perspective and create a clear path forward.

This isn't about following someone else's definition of success. It's about building a career—and a life—that feels successful to you.

Single Private Coaching

\$350 total

75 minute session to focus on one issue or decision

3 Month Coaching

\$895 total

Initial 75 minute session + two 60 minute monthly sessions with reasonable email support between sessions.

6 Month Mentorship

\$1800 total

Initial 75 minute session + five 60 minute monthly sessions with email support and check ins

Dental Students & New Graduates (1 year out)

\$250 total

60 minute session to focus on career path or job decision