



LUMIRA
PRACTICE CONSULTING
CLARITY. CONFIDENCE. SUCCESS.

Consulting Designed for Your Practice

Every practice is different. Whether you need clarity on one specific challenge or ongoing guidance to create meaningful change, Lumira Practice Consulting offers personalized support designed around you, your team, and your practice.

My approach is simple: identify what isn't working, determine what will make the greatest difference, and create practical solutions your team can actually implement.

CLARITY

Focused Consultation

Starting at \$895

Sometimes you don't need a complete practice overhaul—you need an experienced perspective, clear direction, and a plan.

Clarity is designed for doctors who have a specific challenge or area of concern and want practical recommendations they can begin implementing immediately.

Your consultation includes:

- Pre-consultation practice questionnaire
- Review of your primary concern or challenge
- 90-minute private virtual consultation
- Personalized recommendations and next steps
- Written action plan
- One follow-up check-in

Common areas of focus may include:

Hiring and team challenges • Staff accountability • Patient experience • New-patient systems •
Scheduling and workflow • Leadership • Team communication • Marketing and practice presentation

Time Commitment: Approximately 2 weeks

Best for: The doctor who knows something needs to change but wants clarity on what to do next.

ELEVATE

Practice Strategy & Coaching

Starting at \$2,250

When several areas of the practice need attention, Elevate provides a deeper look at what's happening—and a clear strategy for moving forward.

Together, we'll identify the issues having the greatest impact on your team, systems, and patient experience and develop practical solutions tailored to your practice.

Your consultation includes:

- Comprehensive pre-consultation assessment
- In-depth 2-hour strategy session
- Review of up to four priority areas
- Customized recommendations
- Prioritized 90-day action plan
- Two 60-minute private coaching sessions
- Email support between scheduled sessions

Areas we may address include:

Team structure and responsibilities • Hiring and onboarding • Training and accountability • Leadership and communication • Patient and parent experience • Front-office systems • Practice presentation • Marketing opportunities • Team culture

Time Commitment: 4–6 weeks

Best for: The doctor who wants more than advice and would benefit from guidance and accountability while putting new strategies into place.

TRANSFORM

90-Day Practice Consulting

Starting at \$5,500

Transform is Lumira's most comprehensive consulting experience and is designed for doctors who are ready to make meaningful, lasting improvements within their practice.

Over 90 days, we'll take a deeper look at your practice, identify opportunities for improvement, establish priorities, and work together to implement changes without unnecessarily complicating the systems that already work.

Your consultation includes:

- Comprehensive practice assessment
- Private leadership strategy session
- Review of practice systems and patient experience
- Team, hiring, training, and accountability guidance
- Customized 90-day implementation plan
- Twice-monthly private coaching sessions
- Progress and accountability reviews
- Email support throughout the engagement
- Final review and recommendations for moving forward

Time Commitment: 90 days

Best for: The practice owner who is ready to make changes and wants an experienced advisor beside them throughout the process.

On-Site Practice Assessment

See Your Practice Through a Different Set of Eyes

Starting at \$2,500 + travel expenses

Some things simply cannot be seen on a spreadsheet or discussed over Zoom.

An on-site assessment allows me to experience your practice the way your patients, parents, and team experience it every day.

During the visit, I may evaluate:

- Front-office and telephone interactions
- Patient and parent experience
- Team communication
- Patient flow and daily systems
- Staff roles and responsibilities
- Office appearance and presentation
- Leadership and team dynamics
- Opportunities for improved efficiency and consistency

Following the visit, you'll receive a private consultation and prioritized recommendations identifying what is working, what needs attention, and where I believe changes will have the greatest impact.

Available as a stand-alone service or as an addition to an Elevate or Transform engagement.

PREMIER PARTNERSHIP

Ongoing Consulting & Private Coaching

Starting at \$1,500/month

For doctors who want continued access to an experienced advisor, the Premier Partnership provides ongoing support as your practice, team, and leadership needs evolve.

Rather than waiting until a problem becomes a crisis, you'll have someone who already understands your practice available to help you think through challenges, decisions, and opportunities as they arise.

Premier Partnerships are customized based on the level of support desired and may include:

- Monthly private coaching
- Leadership development
- Team and staffing guidance
- Systems troubleshooting
- Hiring and training support
- Patient-experience strategies
- Marketing and practice-presentation guidance
- Accountability and implementation support
- Priority access between scheduled sessions

Available in 6- and 12-month engagements.

New Grad or Just need Coaching for your professional life- see our Coaching and Mentoring Options.

Not Sure Where to Start?

You don't have to know which consulting option you need before we talk.

A brief introductory conversation allows us to discuss what's happening in your practice, where you feel stuck, and what you would like to accomplish. From there, we can determine the level of support that makes the most sense.

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Lumira Practice Consulting